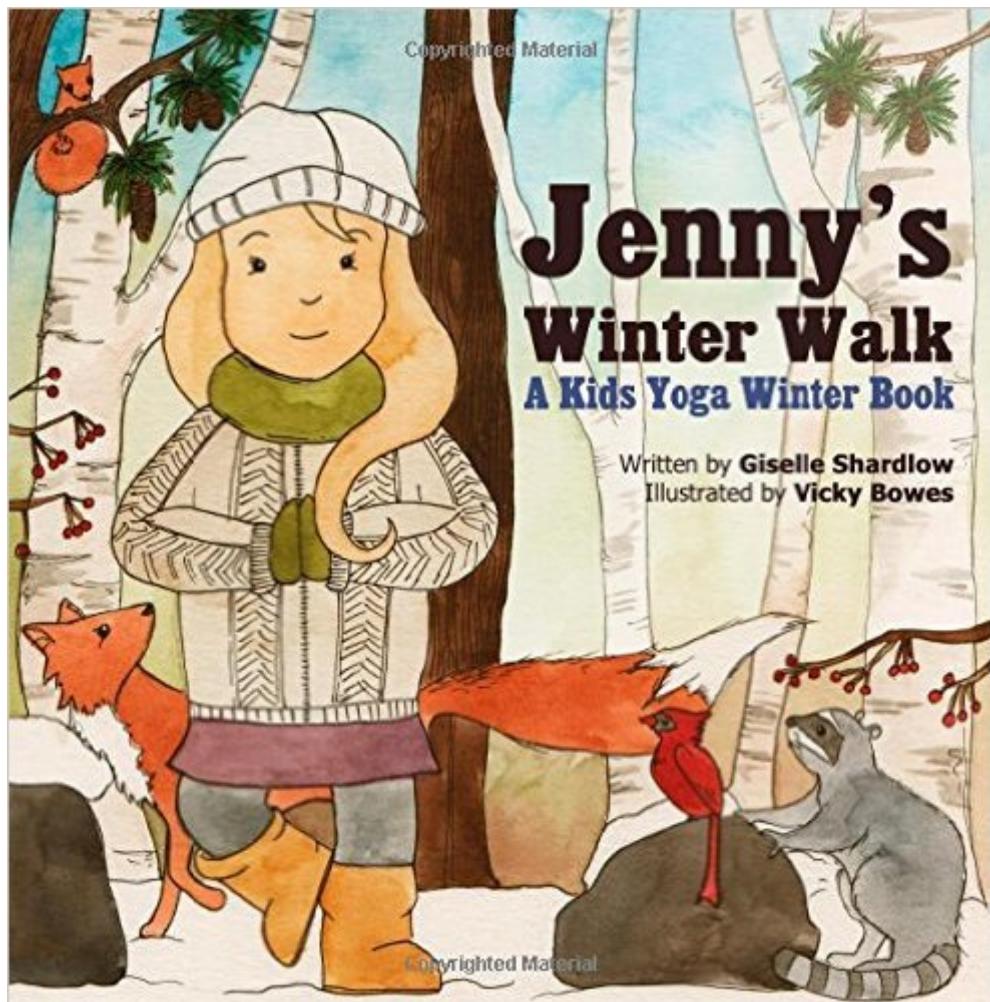


The book was found

Jenny's Winter Walk: A Kids Yoga Winter Book



Synopsis

Experience the benefits of yoga with your children or students by acting out what you see and hear in winter with this interactive yoga story, Jennyâ™s Winter Walk! Join Jenny as she meets various animals on a winter walk with her mom. Be a squirrel, a fox, and a bunny. Discover winter, explore movement, and learn the five senses. The yoga storybook includes a list of kids yoga poses and a parent-teacher guide. Kids Yoga Stories introduce you to engaging characters who will get your child laughing, moving, and creating. Reading is good for the mind AND body! The story links several yoga poses in a specific sequence to create a coherent and meaningful story. This winter yoga story for ages 2 to 5 is more than a storybook, but itâ™s also a unique experience for children.

Book Information

Paperback: 34 pages

Publisher: CreateSpace Independent Publishing Platform (March 27, 2015)

Language: English

ISBN-10: 150570720X

ISBN-13: 978-1505707205

Product Dimensions: 8.5 x 0.1 x 8.5 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ See all reviewsÂ (2 customer reviews)

Best Sellers Rank: #886,246 in Books (See Top 100 in Books) #109 in Books > Children's Books > Growing Up & Facts of Life > Health > Fitness #172 in Books > Health, Fitness & Dieting > Exercise & Fitness > For Children

Customer Reviews

a lovely book to use while teaching children's yoga. Works well for preschoolers and early primary students. Very nice pictures and explanations of poses as well...

A great story that incorporates yoga.

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for beginners, yoga for weight loss, yoga guide, chakras, meditation) Yoga for Beginners: Top 10 Essential Yoga Poses (Yoga Meditation, Yoga Workouts, Yoga Books, Yoga Sutras) Jokes For Kids - Joke Books : Funny Books : Kids Books : Books for kids age 9 12 : Best Jokes 2016 (kids books, jokes for kids, books for kids 9-12, ... funny jokes, funny jokes for kids) (Volume 1) Yoga for Kids: Safe Yoga Poses for Children ages 0-12: Starting Them Young: Children's Yoga Poses for Total Mind-Body Fitness (Yoga for Kds) Yoga: Your Journey To Incredible Health, Weight Loss, and Ultimate Happiness (2nd Edition) (Yoga, Yoga for Beginners, Yoga Positions, Meditation, Mindfulness, Chakras, Mobility) Luke's Beach Day: A Fun and Educational Kids Yoga Story (Kids Yoga Stories) Good Night, Animal World: A Kids Yoga Bedtime Story (Kids Yoga Stories) Jokes:Best Jokes For Kids: Laugh out loud fun jokes(Jokes,Funny Jokes,Jokes for kids,Best Jokes,Funny Book,Jokes free,Jokes for free,for kids,riddles,quiz ... for kids,best jokes,laugh out loud) Jokes for Kids: 400+ Funny Jokes for Kids: Funny and Hilarious Jokes for Kids - Funny Jokes - Kids Jokes - Jokes and Illustrations At Office Yoga: Your At Work Yoga Guide For Stiff Bodies That Sit All Day (Just Do Yoga Book 7) Yoga: Ultimate Yoga Mastery: 2-Books-in-1 (50+ Beginner and Advanced Poses Illustrated) (Yoga Healing, Stress Reduction and Mindfulness) Yoga Mama, Yoga Baby: Ayurveda and Yoga for a Healthy Pregnancy and Birth Shadow Yoga, Chaya Yoga: The Principles of Hatha Yoga Diet > Comparison of Most Popular Diets and Weight Loss Plans: Atkins, Biggest Loser, DASH, Jenny Craig, Mediterranean, Slim-Fast, South Beach, Vegan, Volumetrics, Weight Watchers My Secret Sister: Jenny Lucas and Helen Edwards' family story The Hellfire Riders, Volumes 1-3: Saxon & Jenny: Wanting It All, Taking It All, Having It All (The Motorcycle Clubs Box-Set) Meditative Flute: Learn how to play the Native American flute to enhance your Yoga, Meditation, Biking, Walk/Run, Pilates, Tai Chi, Workout, or Feldenkrais practice Jokes:Knock Knock Jokes For Kids: Laugh Out Loud Fun Jokes For Kids(Jokes, Funny Jokes, Jokes for kids, Best Jokes, Funny book, jokes free, jokes for free) ... knock knock jokes, riddles. quiz Book 1)

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